



# SPINAL AND ORTHOPAEDIC MEDICINE ASSOCIATES

DIAGNOSIS & TREATMENT OF SPINAL & ORTHOPAEDIC MEDICINE DISORDERS

## Gordon J. Korby, DO, DC

Medical Director  
Board Certified PM&R  
Board Certified-Pain Management  
Certified Acupuncturist  
Fellow - American Back Society

## Bernard Miller, DC

Director of Integrative Medicine  
Board Qualified-Chiropractic Orthopaedics  
Board Qualified-Orthopaedic Rehabilitation

## Cathy Young CMT-CMA

Director of Operations

Integrative Pain Medicine  
Spinal Injections  
Joint Injections  
Trigger Point Injections  
Manual Medicine and Distraction /  
Decompression Therapy  
Acupuncture / Electroacupuncture  
Percutaneous Electronuromuscular  
Stimulation (PENS)  
Prolotherapy / Regeneration  
Injection Therapy  
Botox Injections  
Intermuscular Stimulation Technique  
High Level Class IV Laser Therapy  
Blomodulation Electrotherapy  
Consultation  
Quantitative Sensory Nerve Testing  
Musculoskeletal Ultrasound

## Dear Patient:

*This letter is directed to you for the purposes of allowing you to know our mission Statement and what Spinal and Orthopaedic Medicine Associates. Have to offer concerning diagnostics and treatment that are non-surgical and conservative for spinal and Orthopaedic disorders.*

## MISSION STATEMENT

Spinal and Orthopaedic Medicine Associates' Mission Statement is to perform non surgical treatments and diagnostic procedures to the spine and to neuromusculoskeletal disorders (impairments) to achieve optimum outcomes and pain relief, function, and having a better quality of life. We are focused to achieve these goals to the patients and their needs to get to this optimum improvement with assessment and the recommended treatments by the use of traditional and integrative diagnostic treatment protocols. It is our desire and commitment to achieve these goals by emphasizing the patients focus philosophy and commit ourselves to take the action that is needed to achieve these required goals for the patient's optimum outcome.

## DIAGNOSTIC PROTOCOLS

The following diagnostic methods are used in the evaluation and determination of the best treatment protocols:

- Neuroscan (nerve conduction small sensory pathology).
- Computerized range of motion, manual muscle testing and physical performance. Musculoskeletal ultrasound.
- Comprehensive History and Physical Examination.
- Autonomic nervous system testing.
  - Blood workup.
  - Ancillary outside MRI, CT scans, etc.
  - Referral to a specialist if necessary.



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## TREATMENT PROTOCOLS

- Osteopathic manual medicine.
- Osteopathic flexion-distraction decompression therapy.
- Decompression-distraction technique/system.
- Acupuncture and electro acupuncture.
- Biomodulation electrotherapy.
- Class III and Class IV laser therapies.
- Neuromuscular retraining, exercise program and rehabilitation programs.
- Spinal injections (selective nerve blocks, facet joint blocks, epidurals, and sacroiliac joint injections)
- Trigger point injections/regenerative injection therapy.
- Peripheral joint injections (knee, shoulders, hips, ankles, wrists, and elbows).
- Peripheral nerve blocks.
- Botox injections.
- Neural therapy.
- Mesotherapy for pain.
- Intramuscular Stimulation technique/percutaneous electro neural stimulation technique.
- Pharmacotherapy.

## SPINAL AND ORTHOPEDIC DISORDERES THAT ARE DIAGOSED AND TREATED AT THE PAIN CENTER

- Spinal disorders:
  - Osteopathic manual medicine.
  - Osteopathic flexion-distraction decompression therapy.

## FACIAL AND ATYPICAL FACIAL PAIN/HEADACHES



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- Trigeminal neuralgia.
- Atypical facial neuropathies.
- Myofascial pain syndromes of the neck head and face.
- Headaches, both cervicogenic and migraine.
- Facial Neuropathies.

### PERIPHERAL JOINT DISORDERS

- Upper extremity joint disorders, such as arthritis, bursitis, tendinopathy, tears, and peripheral nerve injuries.
- Lower extremity joint disorders, such as bursitis, tendinopathy, tears, arthritic joints, Peripheral nerve disorders.

### CONSULTATIONS AND RECOMMENDED TREATMENT PROTOCOLS

- Spinal and orthopedic disorders.
- Nerve injuries/disorders.
- Musculoskeletal disorders and injuries.
- Recommendations for treatment.
- Weight loss /smoking cessation with the use of acupuncture and laser acupuncture treatments.
- Social security disability exam and consultations.
- Disability consults and exam and consultations

In these near future, we will be providing lectures for various professional groups and lay groups. This will include the following:

- Spinal disorders.
- Joint disorders.
- Nerve disorders.
- Orthopedic medicine disorders.
- Weight loss.
- Smoking cessation with the use of acupuncture and laser.
- Regeneration injection therapy in the use of the treatment of spinal and



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orthopedic medicine disorders and impairments.

- Chronic pain diagnosis and treatment.
- Psychological aspects of chronic pain and depression.

A list of the disorders that Spinal and Orthopaedic Medicine Associates diagnose and treat is in the Spinal and Orthopaedic Medicine Associates' educational pamphlet that is enclosed with this letter.

We want to thank you very much for the consideration of our services or any type of consults, if needed to ensure the most optimal improvement to the patient.

Sincerely,

**Gordon J. Korby, D.O., D.C** [and staff]

Board Certified-PM&R

Board Certified-Pain Management

Fellow-American Back Society

Fellow-International Academy of Medical Acupuncture

Diplomate, American Association of Sensory Medicine

Diplomate, American Academy of Interventional Sensory Medicine

**Bernard Miller, Jr.D.C.**

Chiropractic Physician

Board Eligible Chiropractic Orthopedist

Chiropractic Orthopaedic